

Standard Over Rate

Subtract 10 minutes from the remaining time then calculate the remaining overs.

Time Remaining in Minutes	Overs	Time Remaining in Minutes	Overs
0	3	81	24
4	7	84	25
8	11	88	26
12	14	91	27
15	18	95	28
19	21	98	29
22	25	102	30
26	28	105	31
29	31	109	32
32	35	112	33
36	38	116	34
39	42	119	35
43	45	123	36
46	49	126	37
50	52	130	38
53	56	133	39
57	59	137	40
60	63	140	41
64	66	144	42
67	70	147	43
71	73	151	44
74	77	154	45
78	80		

Example:

Day 1 side is bowled out at 11:27. 18 minutes remain.

Subtract 10 minutes giving an SOR of 8 minutes.

SOR shows 8 minutes equals 3 overs to be bowled

Game should restart on or before 11:37 and 3 overs will be bowled even if it passes 11:45